

A photograph of a breakfast menu card on a table. The card features a 'GOOD MORNING' stamp in a white box. To the left of the card is a white coffee cup with a spoon. The background is a dark, blurred image of a table.

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# BREAKFAST MENU



## **THE “FULL LOT”**

Locally Sourced Sausages & Bacon - Kelly’s Black & White Pudding - Potato Bread - Soda Bread - Heinz Beans & Sauteed Mushrooms - Tomatoes - Your Choice of Eggs

## **THE “NOT SO FULL”**

As above with just a little less

## **VEGGIE FRY**

Quorn Sausages - Mullaghmore Potato Bread - Soda Bread - Heinz Beans - Sauteed Mushrooms - Tomatoes - Your Choice of Eggs

## **WAKE UP BENEDICT**

Spanish Parma Ham - Wilted Baby Spinach - Soft Poached Eggs - Toasted Muffin - Hollandaise Sauce

## **“STACK EM UP” PANCAKES**

Homemade Light Buttermilk & Vanilla Pancakes - Local Flynn’s Bacon - Fresh Berries - Maple Syrup

## **SMOKED BALLYCOTTON SALMON BAGEL**

Toasted Bagel - Oak Smoked Salmon - Cream Cheese - Dressed Rocket

## **LETS “AVO” BAGEL**

Toasted Bagel - Crushed Avocado - Wilted Spinach - Soft Poached Eggs - Sauteed Mushrooms

## **SMOOTHIE BOWL**

Almond Milk & Berry Smoothie - Toasted Granola - Chia Seeds - Fresh Berries

## **HOMEMADE PORRIDGE**

Creamy Irish Jumbo Oats - Fresh Berries - Runny Honey

## **HOMEMADE FRENCH TOAST**

Fresh Berries - Maple Syrup